



PATIENT REGISTRATION

3905 Dix Street NE
Washington, DC 20019
Admin@therapeutic-sessions.com
Office: 202-680-4864
Fax: 202-847-3769

First Name: _____ MI _____ Last Name _____
AS IT APPEARS ON INSURANCE CARD

DOB ____/____/____ Social Security # ____-____-____ **FOR INSURANCE PURPOSES ONLY**

DO YOU HAVE A PREFERRED NICK NAME? ____ NO ____ YES ____
OPTIONAL: PLEASE LIST NAME

HOME ADDRESS: _____

CITY _____ STATE _____ ZIP CODE _____

HOME # (____) _____ **EMAIL:** _____

CELL # (____) _____ **HOW WOULD YOU LIKE TO RECEIVE APPOINTMENT NOTIFICATIONS/REMINDERS?**
TEXT ____ EMAIL ____ HOME ____ WORK ____

PATIENTS EMPLOYER _____ OCCUPATION _____

CITY _____ STATE _____ ZIP CODE _____ **WORK # (____)** _____

REQUIRED FOR ALL WORKERS COMPENSATION CLAIM

EMERGENCY CONTACT: _____ RELATIONSHIP _____

CONTACT # (____) _____ OR (____) _____

DOES THIS PERSON LIVE WITH YOU ____ YES ____ NO

HOW DID YOU HEAR ABOUT US? _____

HAVE YOU HAD ANY FORM OF THERAPY (PT/OT/SP) THIS YEAR? ____ YES ____ NO

IF YES, WHEN? ____/____/____ **WHERE?** _____

REFERRING PHYSICIAN _____ Phone # (____) _____

PRIMARY PHYSICIAN _____ Phone # (____) _____

TYPE OF INJURY _____ **DATE OF INJURY** ____/____/____

*******REQUIRED FOR WORKERS COMPENSATION /MOTOR VEHICLE ACCIDENT CLAIMS OR PERSONAL INJURY CLAIMS**

WAS THIS THE RESULT OF A **MOTOR VEHICLE ACCIDENT** ____ YES ____ NO

WORKERS COMPENSATION ____ YES ____ NO

DO YOU HAVE AN OPEN CLAIM ____ YES ____ NO

WHAT STATE DID THE INJURY OCCUR? _____

MVA OR WORKERS COMPENSATION CARRIER: _____

ADDRESS: _____

CITY _____ ST _____ ZIP CODE _____

NOTE: THIS INFORMATION IS IMPORTANT FOR THE APPOINTMENT. WE MUST HAVE AUTHORIZATION PRIOR TO YOUR APPOINTMENT.

PLEASE COMPLETE ALL FIELDS AND SIGN ALL PAGES WHICH REQUIRE SIGNATURE



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WORKERS COMPENSATION/MVA/PERSON INJURY CLAIM/ATTORNEY INFORMATION:

CLAIM NUMBER: _____ DATE OF INJURY: ____/____/____
CLAIMS ADJ NAME: _____ PHONE # (____) _____
RN CASE MGR NAME: _____ PHONE # (____) _____
ATTORNEY NAME: _____ PHONE # (____) _____
DO YOU HAVE AN SIGNED AUTHORIZATION ON FILE WITH YOUR ATTORNEY? YES ____ NO ____ PENDING ____

IF YOUR VIST WAS NOT THE RESULT OF WORKERS COMPENSATION, MVA OR PERSONAL INJURY PLEASE COMPLETE THE INFORMATION BELOW.

PRIMARY HEALTH INSURANCE:

MEMBER ID: _____
GROUP #: _____
MAILING ADDRESS: _____
CITY: _____ STATE: _____
ZIP: _____ PHONE: (____) _____
ARE YOU THE POLICY HOLDER? ____ YES ____ NO
IF NO, WHO IS THE POLICY HOLDER?
NAME: _____
WHAT IS YOUR RELATION TO THE INSURED? _____
POLICY HOLDERS DATE OF BIRTH: ____/____/____

SECONDARY HEALTH INSURANCE:

MEMBER ID: _____
GROUP #: _____
MAILING ADDRESS: _____
CITY: _____ STATE: _____
ZIP: _____ PHONE: (____) _____
ARE YOU THE POLICY HOLDER? ____ YES ____ NO
IF NO, WHO IS THE POLICY HOLDER?
NAME: _____
WHAT IS YOUR RELATION TO THE INSURED? _____
POLICY HOLDERS DATE OF BIRTH: ____/____/____

FOR MEDICARE PATIENTS ONLY: HAVE YOU HAD ANY OCCUPATIONAL OR
PHYSICAL THERAPY/OCCUPATIONAL AND/OR SPEECH THERAPY FOR ANY REASON SINCE JANUARY 1ST? ____ YES ____ NO
IF YES, DESCRIBE: _____

CONSENT FOR TREATMENT: I HEREBY AUTHORIZE THE PROFESSIONAL STAFF OF THERAPEUTIC SESSIONS, HEREAFTER REFERRED TO AS "TS" TO
EXAMINE AND TREAT ME WITH THERAPY SERVICES FOR THE INJURY I HAVE BEEN REFERRED FOR.

ASSIGNMENT AND INSTRUCTIONS FOR DIRECT PAYMENT TO HEALTH PROVIDER: I HEREBY INSTRUCT THE AFOREMENTIONED INSURANCE
COMPANY AND/OR ATTORNEY, MVA (PIP COVERAGE); WORKERS COMPENSATION CARRIER AND ANY OTHER INSURANCE THAT MAY BE INVOLVED
REGARDING THI MATTER TO PAY BY CHECK (PAPER OR ELECTRONIC) MADE OUT TO AND MAILED DIRECTLY TO: **THERAPEUTIC SESSIONS** FOR
PROFESSIONAL/MEDICAL EXPENSES ALLOWABLE AND OTHERWISE PAYABLE TO ME UNDER THE CURRENT INSURANCE POLICY AS PAYMENT
TOWARDS THE TOTAL CHARGES FOR SERVICES RENDERED. **THIS IS A DIRECT ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER THE POLICY.**
THIS PAYMENT WILL NOT EXCEED MY INDEBTEDNESS TO THE ABOVE-MENTIONED ASSIGNEE AND I AGREE TO PAY, IN A CURRENT MANNER, ANY
BALANCE OF SAID PROFESSIONAL FEES FOR NON-COVERED SERVICES AND/OR FEES, OVER AND ABOVE THE INSURANCE PAYMENT AS REQUIRED
BY THE INSURANCE POLICY.

NOTICE OF PRIVACY PRACTICES: I HEREBY AUTHORIZE THAT I AM AWARE OF MY RIGHTS S IT PERTAINS TO HIPAA AND MY PROTECTED HEALTH
INFORMATION (PHI). TS HAS OFFERED ME A COPY OF THE HIPAA POLICY AND NOTICE OF THEIR PRIVACY PRACTICES FOR MY OWN RECORDS.

THE FOLLOWING PERSON(S) LISTED BELOW HAVE BEEN AUTHORIZED FOR DISCLOSURE OF MY PHI, THIS WILL INCLUDE MEDICAL OR BILLING:

1. _____ ENTIRE MEDICAL RECORD ____ DIAGNOSIS & TREATMENT ____ BILLING ONLY ____
2. _____ ENTIRE MEDICAL RECORD ____ DIAGNOSIS & TREATMENT ____ BILLING ONLY ____

PATIENT SIGNATURE: _____ **PRINT** _____
DATE: ____/____/____ IF CHILD: PARENT/GUARDIANS SIGNATURE _____

PLEASE COMPLETE ALL FIELDS AND SIGN ALL PAGES WHICH REQUIRE SIGNATURE



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Hours of Operation for Patient Care:

Monday – Thursday 8:30am – 6:00pm

Friday - 8:30 am – 3:00 pm

Lunch - 1:00 pm – 2:00pm

CANCELLATION / NO-SHOW POLICY

We strive to provide our patients with excellent service and quality of care. Our commitment to your well-being and health care is something that we at *Therapeutic Sessions* take very serious.

Commitment to this program is critical for your success, this would include adherence to your treatment and set goals. **In order to obtain these goals it is imperative that you attend each appointment.**

We commit to providing reminders about all appointments. If for any reason you forget your appointment please call us so we can review your scheduled dates. We expect that you keep all appointments; however should you need to cancel or reschedule please note that we **REQUIRE a 24-Hour notice.**

*****ALL LATE CANCELLATION & NO SHOW APPOINTMENTS** will be charged **\$25** for the missed appointment. The missed appointment will not be billed to health insurance or compensation carrier, this is considered patient responsibility.

ALL FEES associated with NO-SHOW appointments will be collected at check in for your next therapy session.

If you miss **three (3) appointments** within your series of appointments we will notify your Physician and or Claims Adjuster and may require a new referral/order to continue treatment.

Late arrival policy:

Patients arriving more than **15 minutes** late for a scheduled appointment without prior notification will be rescheduled for another day.

We thank you for choosing *Therapeutic Sessions* and look forward to working with you reach your goals.

The Staff of *Therapeutic Sessions*!

I HAVE READ AND UNDERSTAND THIS POLICY:

PATIENT SIGNATURE: _____ DATE: ____/____/____

IF CHILD: PARENT/GUARDIANS SIGNATURE _____



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Therapeutic Sessions (TheraSessions) will use/disclose patient PHI by way of verbal/fax/mail and electronic transmission. A PHI Record Trail form will be used to keep record of all patient disclosures.

Patients have rights to:

- Receive written notice of agency privacy practices related to PHI use/disclosure
- Restrict use and disclosure, although TheraSessions is not required to agree.
- Have PHI communication to them by alternate means and at alternate locations to protect confidentiality.
- Request inspection and amendment of PHI and obtain copies of PHI, with some exceptions
- Request a history of disclosure for six years prior to request, except for disclosure made for treatment, payment or healthcare operations, or for authorized disclosures.
- Contact designated persons regarding any privacy concern or breach of privacy within **TheraSessions or at Health and Human Services (HHS).**

TheraSessions is legally responsible to:

- Document patients' receipt of the Notice of Privacy Practices and patients' request for copies of their medical records, or reports of non-routine disclosure of PHI
- Document any complaints of breaches as well as the resolution.
- Secure patient data while traveling to and from a patient's home and do not discuss intimate information about the patient and family with others.
- Protect computer data by controlling access with password protection and automatic log-off features, and by using special screens to prevent anyone from reading information unless he or she is directly in front of it.
- Taking reasonable safeguards to avoid being overheard when discussing a patient's treatment with others healthcare providers.

Should any patient wish to lodge a complaint regarding **TheraSessions Privacy Practices**, please contact **Necothia Bowens, Office Manager (TheraSessions) at 202-680-4864** or file in writing, either on paper or electronically.

Anyone can file written complaints with Office of Civil Rights by mail, fax or email. If you need help call toll free 1-800-368-1019

Region III – DE, DC, MD, PA, VA WV

Office of Civil Rights
US Department of Health & Human
Services 150 S Independence mall
West –Suite 372 Philadelphia, PA
19106-3499
(215) 861-4441; (215) 861-4440 (TDD)
(215) 861-4431 FAX

I acknowledge I have received a copy of **TheraSessions Notice of Privacy Practices**.

PATIENT SIGNATURE: _____ **PRINT** _____

DATE: ____/____/____ IF CHILD: PARENT/GUARDIANS SIGNATURE _____

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This form must be completed before the evaluation.

VERY IMPORTANT FOR EVAL / RE-EVAL: PLEASE COMPLETE ALL FIELDS AND ANSWER EACH QUESTION

Patient Name: _____ **Date:** ____/____/____

Describe the problem that brings you to therapy:

What activity/task would you like to be able to return to after Physical Therapy? (GOALS):

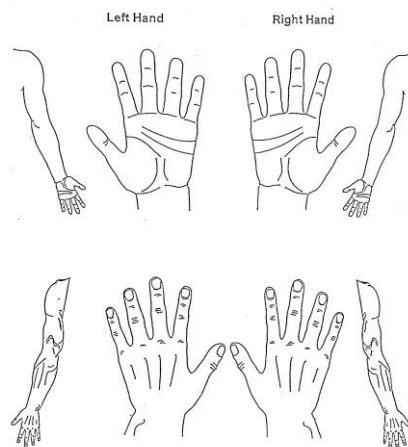
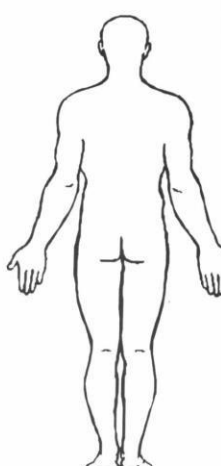
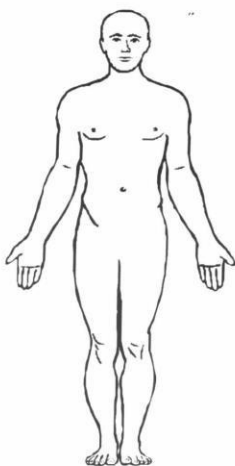
(EX: Roller Skating, Dancing, Walking in community, lifting Child/Grand Children, weights, etc.) _____

Date of Injury: ____/____/____ **Date of 1st Symptom:** ____/____/____ **Height** _____ **Weight** _____
(REQUIRED FOR ALL CAREFIRST BCBS) (When did you notice the pain?)

Do you have pain? _____ NO _____ YES: **If yes**, please rate your pain on the following pain scale:

0 1 2 3 4 5 6 7 8 9 10
(none) (severe)

If yes, please indicate on the drawings below where your pain is:



List any test within the past six (6) months: X-Ray _____ CT Scan _____ MRI _____ EMG _____
ECG _____ Other: _____

Please list date(s) _____, _____, _____, _____, _____

HAVE YOU HAD SURGERY PERTAINING TO THIS? _____ NO _____ YES: IF YES, WHEN ____/____/____

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Medical History

Allergies	<input type="radio"/> YES <input type="radio"/> NO	Dizzy Spells	<input type="radio"/> YES <input type="radio"/> NO	MRSA	<input type="radio"/> YES <input type="radio"/> NO
Anemia	<input type="radio"/> YES <input type="radio"/> NO	Emphysema/Bronchitis	<input type="radio"/> YES <input type="radio"/> NO	Multiple Sclerosis	<input type="radio"/> YES <input type="radio"/> NO
Anxiety	<input type="radio"/> YES <input type="radio"/> NO	Fibromyalgia	<input type="radio"/> YES <input type="radio"/> NO	Muscular Disease	<input type="radio"/> YES <input type="radio"/> NO
Arthritis	<input type="radio"/> YES <input type="radio"/> NO	Fractures	<input type="radio"/> YES <input type="radio"/> NO	Osteoporosis	<input type="radio"/> YES <input type="radio"/> NO
Asthma	<input type="radio"/> YES <input type="radio"/> NO	Gallbladder Problems	<input type="radio"/> YES <input type="radio"/> NO	Parkinson's	<input type="radio"/> YES <input type="radio"/> NO
Autoimmune	<input type="radio"/> YES <input type="radio"/> NO	Headaches	<input type="radio"/> YES <input type="radio"/> NO	Rheumatoid	<input type="radio"/> YES <input type="radio"/> NO
Cancer	<input type="radio"/> YES <input type="radio"/> NO	Hearing Impairment	<input type="radio"/> YES <input type="radio"/> NO	Seizures	<input type="radio"/> YES <input type="radio"/> NO
Cardiac Conditions	<input type="radio"/> YES <input type="radio"/> NO	Hepatitis	<input type="radio"/> YES <input type="radio"/> NO	Smoking	<input type="radio"/> YES <input type="radio"/> NO
Cardiac Pacemaker	<input type="radio"/> YES <input type="radio"/> NO	High Cholesterol	<input type="radio"/> YES <input type="radio"/> NO	Speech Problem s	<input type="radio"/> YES <input type="radio"/> NO
Chemical	<input type="radio"/> YES <input type="radio"/> NO	High/Low Blood Pressure	<input type="radio"/> YES <input type="radio"/> NO	Strokes	<input type="radio"/> YES <input type="radio"/> NO
Circulation Problems	<input type="radio"/> YES <input type="radio"/> NO	HIV/AIDS	<input type="radio"/> YES <input type="radio"/> NO	Thyroid Disease	<input type="radio"/> YES <input type="radio"/> NO
Currently Pregnant	<input type="radio"/> YES <input type="radio"/> NO	Incontinence	<input type="radio"/> YES <input type="radio"/> NO	Tuberculosis	<input type="radio"/> YES <input type="radio"/> NO
Depression	<input type="radio"/> YES <input type="radio"/> NO	Kidney Problems	<input type="radio"/> YES <input type="radio"/> NO	Vision Problems	<input type="radio"/> YES <input type="radio"/> NO
Diabetes	<input type="radio"/> YES <input type="radio"/> NO	Metal Implants	<input type="radio"/> YES <input type="radio"/> NO		

Existing or Relevant Previous Conditions

PATIENT NAME: _____

DATE OF BIRTH: ____/____/____

Describe any other conditions

If "Yes" to Any of the above, please explain and give approximate dates/Describe any other Conditions

Fall History

Injury as a result of a fall in the past year? ☐ Yes ☐ No

Two or more falls in the last year? ☐ Yes ☐ No

Patient is at risk for falls? ☐ Yes ☐ No

Surgical History

Body Region: _____ Surgery Type: _____ Date: ____/____/____

Body Region: _____ Surgery Type: _____ Date: ____/____/____

Body Region: _____ Surgery Type: _____ Date: ____/____/____

Current Medications ☐ LIST SCANNED TO EMR ☐ Currently not taking any medications

Drug: _____ Dosage: _____ Frequency: _____ Route: _____ Reason Taking: _____

Drug: _____ Dosage: _____ Frequency: _____ Route: _____ Reason Taking: _____

Drug: _____ Dosage: _____ Frequency: _____ Route: _____ Reason Taking: _____



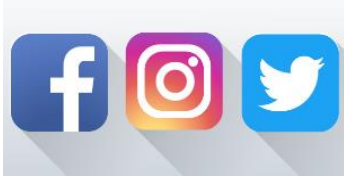
Drug: _____ Dosage: _____ Frequency: _____ Route: _____ Reason Taking: _____

Drug: _____ Dosage: _____ Frequency: _____ Route: _____ Reason Taking: _____

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August 8, 2018

Therapeutic Sessions Appt Reminders:

Front Desk Staff: Necothia Bowens – Office Manager Kimberly Trejo - Admin Asst / PT Aide	Contact Phones: 202-680-4864 Emails: Admin@therapeutic-sessions.com	
Arrival Time	5 mins prior to appt Sign in and Date sign in sheet	The lockers are behind the reception desk near the back exam room. We ask after you have secured your personal belongs please return to waiting area. The PT or PT Aide will come to get you.
What to wear?	Wear comfortable clothing and patients with knee injuries should bring a pair of shorts. Shoes with rubber soles are preferred. <div data-bbox="1198 646 1328 730" data-label="Image">  </div>	
Waiting Area	Near front entrance	There is limited space so we ask that family members wait in the waiting area
NEED TRANSPORTATION: Most insurance companies offer transportation, please check with your health insurance by calling the customer service number on the back of your insurance card.	Cancellation / No Show Call 24 hours prior No Show - \$25 Fee Three consecutive cancelled appts or No Show appointments, you will need to report to your MD to continue Therapy	
Inclement Weather/Office Closures	Notification of Office closure/delays will be sent by one of the following: Voice Alert – You will receive a voice mail call from TS Staff Text Message – You will receive a text message Email – You will receive an email message from OptimisPt Patient Portal Recorded Message on Therapeutic Sessions Telephone System	
Therapeutic Sessions observes the following Holidays (Office Closed)	New Year's Day, Martin Luther King, Jr. Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, the day following Thanksgiving and Christmas Day	
Social Media Check in & Follow us <div data-bbox="194 1602 259 1665" data-label="Image">  </div> <div data-bbox="292 1623 633 1801" data-label="Image">  </div>	If you follow us on Social Media , Check in: @TheraSessions We only ask that you NOT take pictures of others in the Clinic, we don't wish to violate anyone's privacy. We welcome your feedback: write us a review on Yelp or Google (Therapeutic Sessions)	